

BVU ATHLETIC TRAINING: SUGGESTED 4-YEAR PLAN

Fall	Interim	Spring
First Year		
EXSC 140 Functional Human Anatomy (3 CR)	General Education Requirement (3 CR)	BIOL 142 Human Physiology (3 CR)
EXSC 251 First Aid & Injury Prevention (2CR)		PSYCH 100 General Psychology (3 CR)
EXSC 170 Fundamentals of Athletic Training (3 CR)		EXSC 173 Introductory Techniques in Athletic Training (2 CR)
OBVU 100 University Seminar (3 CR)		General Education Requirements (6 CR)
General Education Requirements (6 CR)		
= 17 CR	= 3 CR	= 14 CR
Sophomore		
EXSC 333/334 Lower/Upper Extremity Evaluation (3 CR)	General Education Requirement (3 CR)	EXSC 272 Therapeutic Modalities (3 CR)
EXSC 205 Clinical Experiences in Athletic Training I with Lab (1 CR)		EXSC 305/306 Clinical Experiences in Athletic Training III/IV with Lab (1 CR)
CHEM151 General Chemistry I (4 CR)		EXSC 310 Nutrition (2 CR)
General Education Requirement (6 CR)		EXSC 472 General Medical Conditions (2 CR)
		General Education Requirement (6 CR)
= 14 CR	= 3 CR	= 14 CR
Junior		
EXSC 350 Biomechanics of Human Motion (2 CR)	General Education Requirement (3 CR)	EXSC 352 Exercise Physiology (4 CR)
EXSC 333/334 Lower/Upper Extremity Evaluation (3 CR)		EXSC 273 Therapeutic Exercise & Reconditioning (3 CR)
EXSC 304 Clinical Experiences in Athletic Training II with Lab (1 CR)		EXSC 305/306 Clinical Experiences in Athletic Training III/IV with Lab (1 CR)
BIOL375 Human Anatomy (4 CR)		EXSC 446 Pharmacology (2 CR)
General Education Requirement (6 CR)		General Education Requirement (6 CR)
= 16 CR	= 3 CR	= 16 CR
Senior		
EXSC 405 Clinical Experiences in Athletic Training V with Lab (1 CR)	General Education Requirement (3 CR)	EXSC 406 Clinical Experiences in Athletic Training VI with Lab (1 CR)
EXSC 444 Organization & Administration in Athletic Training (3 CR)		General Education Requirement (12 CR)
General Education Requirement (9 CR)		
= 13 CR	= 3 CR	= 13 CR